

Just
Launched!

BEHAVIORAL HEALTH AND WELLNESS MENU



By utilizing a network of community partners across the state, NAMI Georgia is able to provide a variety of workshops, presentations, and trainings that are centered around creating awareness and building skills within behavioral and mental health.

TOPICS INCLUDE:

- ▶ Multicultural Competency
- ▶ Positive Social Emotional Development in Youth
- ▶ Introduction to Behavioral Health for First Responders
- ▶ Trauma and Brain Development
- ▶ Suicide Prevention
- ▶ Crisis De-escalation
- ▶ Mindful Self-Compassion
- ▶ Cultivating Resilience
- ▶ Coping with Grief
- ▶ Workplace Wellness

And more!

Select Programs offer Continuing Education credits for Law Enforcement and/or Counselors and Social Workers

Check out our website for the current list of available programs!

namiga.org/bhawmenu