

**For any Parent or Primary Caregiver of a  
Child or Adolescent Living with Mental Illness**

NAMI Basics offers education and support. Taught by parents who have lived similar experiences with their own children, NAMI Basics is an educational program that provides learning and practical insights for families. Course elements include:

- The trauma of mental illness for the child and the family
- The biology of mental illness: getting an accurate diagnosis
- The latest research on the medical aspects of the illness and advances in treatment
- An overview of treatment options-treatment works
- The impact of a child's mental illness on the rest of the family-caregivers and siblings
- An overview of the systems involved in caring for children and teens

The course is offered **free of charge and consists of six classes.**

**When:** Sundays, 2/17/2019 – 3/31/2019\*

**Time:** 3:00 – 5:30 PM

**Where:** [170 E. Dougherty St. Athens, GA](#)

Registration Required: [Click here for online registration.](#)

Class size limited, registration is open now.

Questions, contact Linda at (770) 225-0804 ext. 708  
or [namihallga@gmail.com](mailto:namihallga@gmail.com) Attn: NAMI Basics–Athens.

\*No class on 3/10/2019